

VACCINATION THROUGHOUT YOUR LIFE

8 WEEKS

- 🪡 Diphtheria, tetanus, pertussis, polio, Haemophilus influenzae type b, hepatitis B
- 🪡 Pneumococci
- 💧 Rotavirus (€)



12 WEEKS

- 🪡 Diphtheria, tetanus, pertussis, polio, Haemophilus influenzae type b, hepatitis B
- 🪡 Pneumococci
- 💧 Rotavirus (€)



16 WEEKS

- 🪡 Diphtheria, tetanus, pertussis, polio, Haemophilus influenzae type b, hepatitis B
- 🪡 Pneumococci
- 💧 Rotavirus (€)



12 MONTHS

- 🪡 Pneumococci
- 🪡 Measles, mumps, rubella



15 MONTHS

- 🪡 Diphtheria, tetanus, pertussis, polio, Haemophilus influenzae type b, hepatitis B
- 🪡 Meningococcal ACWY vaccine



2 YEARS

- 🪡 Measles, mumps, rubella



6 YEARS

- 🪡 Diphtheria, tetanus, pertussis, polio



12 YEARS

- 🪡 🪡 Human papillomavirus (2x)



14 YEARS

- 🪡 Diphtheria, tetanus, pertussis



ADULTS

- 🪡 Diphtheria, tetanus, pertussis:
🔄 Every 10 years



60 YEARS OLD AND ABOVE

- Flu 🔄
- Diphtheria, tetanus, pertussis 🔄
- Pneumococci
- Covid-19 🔄
- Shingles
- Respiratory syncytial virus (RSV)



PREGNANT

- Pertussis
- Flu
- Respiratory syncytial virus (RSV)
- Covid-19



WHEN TRAVELLING

www.wanda.be/en/



AT WORK



NEED TO CHECK YOUR VACCINATION?

Online:
mijngezondheid.be



Vaccination
card



Doctor



Scan for a
translation

VACCINATIONS ARE IMPORTANT

AT ALL AGES

- Most vaccines are given to you **as a child**.
- Some vaccines are given to you **only once**. Other vaccines **no longer work well after a time**, so you will need to receive them more frequently.
- If you are over 60 years of age, your immune system starts to become less effective. That is why vaccine boosters are recommended.

IN SOME SITUATIONS

In some situations, you will need extra vaccines:

- If you are pregnant.
- If you are visiting family or friends abroad or go travelling.
- At work
- If you are an at-risk patient.

NEED TO CHECK YOUR VACCINATION?

There are three ways to find out which vaccinations you've already had:

- Look **online** at www.mijngezondheid.be.
- Take a look on your **vaccination card** or in the booklet from Kind en Gezin.
- Ask your **doctor**.

DEPARTEMENT
ZORG